

March 2023

Dear PCC NET members and interested individuals,

In this newsletter, we provide insights into two projects that promote the implementation of patient-centered care and shared decision-making. If you are currently working on a project which involves patient-centeredness, we are happy to feature your project in our next newsletter! Also, have a look at the recent publications section and our short notes.

Kind regards,

Nadine Lages (on behalf of the PCC NET core team)

The KOMPAT Study- Development and evaluation of a patient-centered communication skills training for nurses



Interaction and communication with patients in a patient-centered way are main tasks in nurses' daily work. However, staff shortage, increased workload and the resulting physical and mental stress can be barriers for a patient-centered communication in nursing practice. Communication skills trainings (CST) can improve certain aspects of patient-centered communication and decrease mental stress. Especially with regard to increasing workload, there is a great need for such trainings. So far, there has been a lack of needs-based and thoroughly evaluated communication skills trainings (CST) for nursing professionals in Germany. Thus, the aim of the KOMPAT study is to develop, eval-

uate and assess possibilities for future implementations of a needs-based CST.

The study started in July 2021 and will end in June 2024. A mixed-methods approach including three phases will be applied. In the first phase, we conducted a needs assessment (including interviews and focus groups with relevant stakeholders). Based on both the results and a review of literature we developed a one-day CST including 4 main topics (patient-centeredness & communication, conversation techniques & structure, communication & de-escalation, and severe diseases, death & dying). In the second phase, the training will be evaluated using a randomized controlled trial. The training is expected to improve self-efficacy regarding communication skills and other secondary outcomes such as both objectively assessed and self-reported communication skills as well as psychological outcomes of participating nurses. In the third phase, expert workshops will be conducted to derive indications for the further implementation of the developed training in routine clinical practice and, in case of proven effectiveness, in other settings relevant for nurses (e.g. geriatric or rehabilitation facilities). The study is currently in the second phase with conducting the CSTs. The first conducted trainings gave an idea of the importance of such trainings and participating nurses gave a lot of positive feedback.

You can find more information on this project on:

<https://clinicaltrials.gov/ct2/show/NCT05700929?term=NCT05700929&draw=2&rank=1>

Which factors influence the implementation of shared decision-making?

The Fondecyt Project n° 1221731 "Factors influencing the implementation of shared decision-making: the case of breast cancer treatment in Chile" has completed its first year! This is the first project in Chile that explores patient-centered care and shared decision making in cancer care. During the last 12 months, the research team has gathered information at three large hospitals in Santiago, through a robust qualitative stage, including: non-participant observations of tumor boards' meetings, in-depth interviews with healthcare professionals and women living with breast cancer, and video-recording of clinical encounters. The team is focusing now on the analysis, prior to the next stage that involves a cross-sectional study with over 450 women facing breast cancer, to measure their level of involvement in the medical decision process.



Recent publications

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| Patients' satisfaction with care | This cross-sectional study shows that patients who are more satisfied with staff-related care report better quality of life and self-rated health. More information: https://www.mdpi.com/2227-9032/11/5/775 |
| Fostering a skills network approach to improve assessment of shared decision-making | Measuring shared decision-making is challenging. Conceptualizing shared decision-making competences as an organized network of interacting shared decision-making skills offers new opportunities to measuring shared decision-making. This study emphasized that new theoretically and empirically grounded opportunities to measure shared decision-making arise from applying this network approach. More information: https://doi.org/10.1371/journal.pone.0282283 |

Short notes

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| <u>Save the date!</u> | Our next online seminar is coming up!
When? 17th of May at 16:00 (Germany, CET)/ at 10 am (Chile, CLT)
How long? 90 minutes. More information will follow soon! |
| <u>Newsletter</u> | If you want to share anything of your work with the PCC Net members, you are very much welcome to put this information into a future newsletter. We are very much looking forward to your input! |
| <u>Reminder</u> | Please remember to send in your short bios! You can hand it in in Spanish, German or English. Please visit https://www.pcc-network.org/member/ for the bios of your colleagues. |

We thank the KOMPAT team for their contribution to this newsletter!

Kind regards,

Dr. Nadine Lages, Prof. Dr. Paulina Bravo, Ivo Engert, Prof. Dr. Dr. Martin Härter, Constanza Quezada, Prof. Dr. Isabelle Scholl