

Nov 2022

## Dear PCC NET members and interested individuals,

the November newsletter puts a focus on the PCC NET members. We hope you will enjoy the read!

Kind regards,

Dr. Nadine Lages (on behalf of the PCC NET core team)

---

### Welcome, Constanza!

*Constanza has joined the PCC NET core team recently. She will shortly introduce herself and her interest in patient-centered care so you get to know her a little bit.*

My name is Constanza Quezada, and I am a Social Anthropologist from Santiago de Chile. I recently finished my master's degree in International Social and Public Policy at the London School of Economics and Political Science, with a focus on education, gender and civil participation. I am supporting research and coordination for the project, "Promoting Patient Participation in Care: Transferring Knowledge on patient-centered research, education, and clinical practice" (PRO-PACT).



In particular, I am interested in using social research findings to assist with the development of policies and improve the public understanding of social issues. Thus, I believe that patient-centered care should be at the core of the development and evaluation of health policies. From my perspective, shifting the focus from a 'passive' to an 'active' patient could have an enormous impact not only on patients' quality of life, but also on how the different actors involved in these processes relate to each other and challenge power structures and preconceived ideas. Patient-centered research is a vital topic to question and inform the healthcare model in which these policies are usually based on.

### Members who have recently joined

*In order to promote exchange among the PCC Network, we have asked members, who have recently joined our network, if we can publish their short bios in one of the upcoming newsletters. Here you go!*



Paula Riganti is a family physician and MSc in Medical Education. She is an adjunct professor in the Faculty of Medicine at the University of British Columbia (Canada) and at the University of the Hospital Italiano of Buenos Aires (Argentina). She's passionate about patient involvement in healthcare, education and research. Her research interests include continuing professional development, knowledge translation, interprofessional education and shared decision making.

Profile: <https://orcid.org/0000-0003-4200-9698>

---



Dr Alana Fisher is a researcher based at two Australian digital mental health services leading the development, evaluation and delivery of digital treatments for mental health and physical health conditions. Her program of work focuses on consumer decision-making about uptake and engagement with mental health treatments. She uses qualitative, quantitative, and mixed-design research methods to explore key stakeholder perspectives, priorities and needs. These insights then guide the development of targeted information and decision-support resources, and person-centred service delivery. More broadly, Dr Fisher's research interests are in enhancing our understanding and delivery of evidence-based best practice in mental healthcare in line with individual preferences, needs, and priorities.

Profiles: @DrAlanaFisher; <https://researchers.mq.edu.au/en/persons/alana-fisher>;  
<https://orcid.org/0000-0002-6027-659X>;  
<https://scholar.google.com.au/citations?user=6dQRnwAAAAJ&hl=en>

Elâ Ziegler, M.Phil. is a sociologist based in Hamburg (Germany) working as a health care researcher and lecturer at the University Medical Center Hamburg-Eppendorf in the Institute of Medical Sociology. Graduating in development studies in Cape Town fostered her interest in quantitative and qualitative analyses as well as participatory research. She is currently pursuing her PhD on the topic of peer support in oncological diseases. As part of a research group on patient orientation and peer support she is involved in two research projects aiming to improve patient-centered care: gesa-K and the evaluation of the medical practice AnDOCKen.



Profile: <https://www.linkedin.com/in/elâ-ziegler/>

Recent publication: "Self-help friendliness in cancer care: A cross-sectional study among self-group leaders in Germany" <https://doi.org/10.1111/hex.13608>

---

## Short notes

### Next event!

Our next online seminar is coming up!  
Prof. Dr. Marie-Luise Dierks from the Hannover Medical School (MHH) will give insights into the *Patient University*.  
Please come and join this online event on Friday, **2nd December** from **13:00 - 14:15 (Germany, CET)/ 09:00 - 10:15 am (Chile, CLT)**.  
Want to join? Please contact [info@pcc-network.org](mailto:info@pcc-network.org)

### Reminder

Please remember to send us your short bios! Please visit <https://www.pcc-network.org/member/> for the bios of your colleagues.

---

We are very much looking forward to seeing you at our next event!

Kind regards,

Dr. Nadine Lages, Prof. Dr. Paulina Bravo, Ivo Engert, Prof. Dr. Dr. Martin Härter,  
Dr. Alejandra Martínez, Constanza Quezada, Prof. Dr. Isabelle Scholl