

## Dear members of the PCC NET,

I am delighted to present you today the second newsletter by the PCC network. This newsletter will cover the following topics: Presentation of two PCC NET members; recent publications; short notes. We hope you will enjoy the read!

Kind regards,

Dr. Nadine Lages (on behalf of the PCC NET core team)

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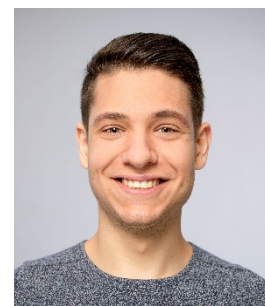
### Presentation of two PCC NET members

*Thank you very much for participating in this idea! Maybe you can start with shortly introducing yourself and your work!*

My name is Angelina Dois, I am a nurse midwife, family therapist and I hold an M.Sc. in health psychology. I am an Associate Professor at the School of Nursing in the Pontificia Universidad Católica de Chile. I teach and research in areas related to Family Health and Mental Health focusing on patient-centered care.



Hi everybody! My name is Stefan Zeh, I am 28yrs. old and I am a researcher, psychologist and psychotherapist in training. I am interested in researching patient perspectives and, thus, I wanted to do my PhD at the Department of Medical Psychology here at the University Medical Center Hamburg-Eppendorf in Germany. I am currently shifting from full research to more clinical practice due to my training which I really like because I will be able to use my knowledge about patient-centered care to help people with psychiatric disorders.



*How does your work foster patient-centered care?*

My research line relates to two components of patient-centered care: the promotion of respectful and kind care in the clinical encounter and the definition of patient autonomy in primary health care. I led the national strategy for the Family and Community Model of Care, which highlighted PCC as a core of primary care.

From my perspective, my work fosters patient-centered care because it elevates patients from being the recipients of health care to a more active role. In the studies we conducted, we wanted to focus on the patients' perspectives on patient-centered care and on how they think that health care should be delivered. Thus, we were able to derive helpful input to ameliorate health care processes so that they actually match the wishes and needs of patients.

*Which aspect do you find most interesting about patient-centered care?*

I believe that activating patients is a means to acknowledge the power and autonomy that they hold within their own care, allowing them to participate and take their own health care decisions. By doing so we are valuing the person and showing respect to the human right to health.

Patient-centered care is so comprehensive. When we think about health care, we think about caring for patients so that they can get better, get healthier. But we rarely truly understand in how many ways we actually have to deliver health care so that this goal can be reached and – at the same time – be respectful and considerate towards patients. Yes, “quick” health care delivery is important but so is taking time during a consultation. And, as paradox as it might seem, those two things are no contradiction. By using patient-centered care, we can accomplish both.

*Thank you for sharing your insights!*

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## Recent publications

Paper on an approach to promote PCC in cases with multimorbidity

Oftentimes, treatments are disease-based leading to fragmented care of people with multimorbidity. The People-Centered Integrated Care Strategy for the Promotion, Prevention and Management of Chronicity in the Context of Multimorbidity (ECICEP) promotes comprehensive person-centered care. This article aims at describing the first process of implementation of ECICEP in Chile. <https://bit.ly/3dO8rhU>

Review on methods to collect communities' preferences

Health systems have limited financial resources. Involving citizens can help set priorities. This article reviews on mechanisms to reveal citizen's values or preferences about health system coverage. Mostly, interviews and surveys were used, however, standardized processes to collect information are lacking. <https://bit.ly/3RkC4oC>

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## Short notes

For your information

We started to send out emails to the PCC NET members using BCC (not CC) to protect your data. However, if you wish to get in contact with other members of the network, please do not hesitate to contact us! We will be happy to help you get in touch!

Newsletter

If you want to share anything of your work with the PCC Net members, you are very much welcome to put this information into a future newsletter. We are very much looking forward to your input!

Reminder

Please remember to send in your short bios! Please visit <https://www.pcc-network.org/member/> for the bios of your colleagues.

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Kind regards,

Dr. Nadine Lages, Prof. Dr. Paulina Bravo, Ivo Engert, Prof. Dr. Dr. Martin Härter,  
Dr. Alejandra Martínez, Prof. Dr. Isabelle Scholl